

CAITLYN COLABRARO



MAJOR: BIOLOGICAL SCIENCES

MINOR: PSYCHOLOGY, HEALTH & SOCIETY

SASHP INVOLVEMENT:

- Peer Mentor
- Honors Ambassador

ADDITIONAL ACTIVITIES:

- Madison Volunteer Ambulance Corps
- Chatham Emergency Squad
- Chemistry Teaching Intern
- *The Examiner*

WHAT PART OF THE SASHP HAS HAD THE BIGGEST IMPACT ON YOUR COLLEGE CAREER?

Serving as an Honors Ambassador has been one of the most impactful aspects of my involvement in the SASHP and my college career as a whole. Now that I am an Honors Ambassador myself, I enjoy connecting with potential new students and offering them stories of my positive experiences in the SASHP and at Rutgers.

CAITLYN ON THE SASHP JOURNEY

My first experiences as a freshman at Rutgers occurred completely virtually at the height of a pandemic. While this could have been an extremely isolating beginning to my college career, the support and opportunities offered to me through the SASHP instead made my first year an amazing experience that served as a strong foundation for future leadership roles. The SASHP Peer Mentor Program was my first connection to other Rutgers students, and my involvement in the program shaped my understanding of leadership, while providing me with a wealth of resources to further connect with the Rutgers community.

Since my sophomore year, I have served as a Peer Mentor to four first-year students, and each experience has been deeply rewarding. In addition to building strong mentoring relationships, serving on the Programming Board has allowed me to express myself creatively and build my interpersonal and problem-solving abilities.

Using the skills I gained throughout my involvement in the SASHP, I was able to further involve myself in other Rutgers communities. I joined *The Examiner*, a student-run pre-health journal club. After serving as a journalist for two years, I am now a Managing Editor who works with journalists to improve their articles. I have also served as a Teaching Intern for General Chemistry and, through this experience, have found a passion for helping students succeed academically. For my SASHP Capstone project, I have the opportunity to reflect on my personal and professional growth through my involvement in the Certificate in Chemistry Education program, which has been a central part of my involvement in the Rutgers community.

RUTGERS

School of Arts and Sciences
Honors Program